

## **ESGE–ESGENA Live Demonstration Endoscopy Workshop in Izmir (May 2008)**

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An endoscopy workshop with live demonstrations was held on 2–4 May 2008 at Dokuz Eylül University Medical School in Izmir, Turkey. The workshop was organized jointly by ESGE, ESGENA, the Turkish Gastrointestinal Endoscopy Association, and Dokuz Eylül University Medical School's Gastroenterology Department. It was attended by a total of 150 participants (120 doctors and 30 nurses) from Turkey, Spain, and Egypt.

The local endoscopy unit had prepared three procedure rooms for the live sessions, and the ESGENA experts taking part — Herta Pomper (Austria), Marjon de Pater (Netherlands), and myself — were each responsible for a room, working along with local nurses in the various procedures.

The workshop featured seven live demonstration sessions in which endoscopy experts carried out various techniques in patients. Participants were able to watch endoscopic and ultrasonographic procedures during continuous broadcasting of the live demonstrations, and were able to take part in discussions and learn technical details and tips about the procedures.

Between the live demonstrations, Turkish and ESGE expert doctors gave presentations on current issues. The cases studied and procedures performed during the two days (17 patients were treated on the Saturday and 15 on the Sunday) included

- treatment of a polyp with high-grade dysplasia in the gastric remnant (EUS)
- a large sessile polyp in the colon
- a colonic mass in a patient with inflammatory bowel disease
- gastric and esophageal varices; stenting of benign esophageal strictures
- stenting and dilation of benign strictures in the common bile duct
- common bile duct stones; ERCP for a dilated pancreatic duct
- pancreatic pseudocyst (EUS)
- double-balloon endoscopy in a patient with Peutz–Jeghers syndrome
- endoscopic mucosal resection in a patient with longsegment Barrett's esophagus
- capsule endoscopy in a patient with iron-deficiency anaemia.

Propofol sedation was administered in all of the procedures.

In parallel, there was also a separate lecture programme (mainly in Turkish) for the nurses. The topics covered included new technologies and instruments in endoscopy; cleaning and cooperation between the local and ESGENA nurses and between the doctors and nurses. This was the first workshop in Turkey at which live demonstrations have been transmitted from three endoscopy rooms simultaneously. On behalf of the ESGENA representatives who took part, I would like to say that the organisers can be proud of the workshop, which was very well organized and ran very smoothly. I would also like to thank Prof. Saritas and Prof. Mostafa for their hard work as co-directors of the workshop.

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**Fig. 1 The live demo team from Izmir**



**Fig. 2 The nurse participants of the Workshop in Izmir**



**Fig. 3 from left to right: Sylvia Lahey, Herta Pomper and Marjon de Pater with Prof. Mostafa (ESGE co-ordinator)**